

Chromatic 16ths

InvisibleTechnique.com

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Standard tuning

♩ = 72

nguit.

1

2

3

4

5 6 7 8 5 6 7 8 5 6 7 8 9 8 7 6 7 8 9 10 7 8 9 10

11 10 9 8 11 10 9 8 11 10 9 8 11 10 9 8 7 8 9 10 9 8 7 6 9 8 7 6 9 8 7 6



Instructions - Chromatic 16ths

Always maintain alternate picking.

Stay as relaxed as possible in both hands, arms and shoulders.

Pick lightly. Palm muting can help anchor the hand and makes the notes have a quick, percussive attack.

Practice beginning on a **downstroke** from about 72bpm and increase tempo gradually until you begin to feel tension in the right forearm. Then decrease the tempo to the 'sweet spot' and work on training the picking hand to stay relaxed in that zone before increasing the tempo again.

Then practice beginning on an **upstroke**, using the same method.